

# JPS EDGES

The Newsletter for 21<sup>st</sup> Century Schools Worldwide

## Inside



Happenings & Achievements at JPS

## Infocus



Mental Health & Well Being



STORY TELLING WINNERS



Graduates HAPPY GRADUATION DAY



**March 2024**  
**Monthly Calendar**





# FUTURE OF LEADERSHIP INITIATIVE



## LEADERSHIP INITIATIVES AT JPS



**Academic Rigor. You Become an Academic Wizard**



**TEDX at JPS. You Become A Ted Speaker**



**National Cyber Resource Centre**



**Green School Program. You Become A Green Warrior**



**Leadership Integrated Curriculum Empowered Leaders!**



**ISA Accreditation. You Go Global**



**Google Certified. School You Become A Tech Genie!**



**SPACE Program. You Don't Touch The Skies, You Cross Them Way Beyond!**



**Excellence In Sports. You Break World Record**



**Get in touch with us at : [www.jpschennai.org](http://www.jpschennai.org)**



# Welcome



ISSUE 28 February 2024

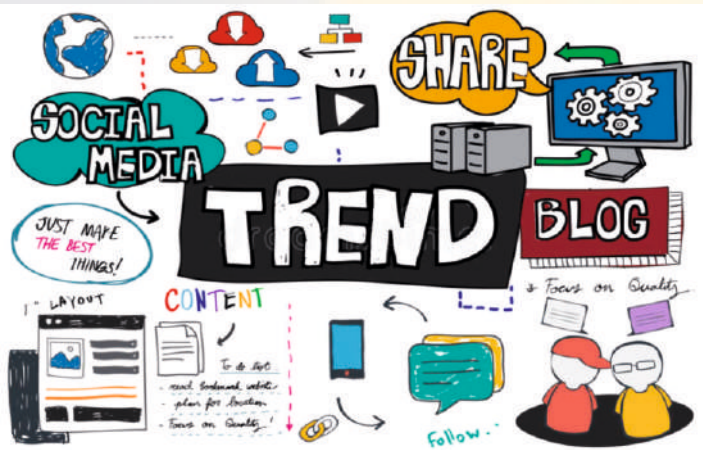
“ Greetings of the season to all our readers!

## Dear Readers

- ⊛ As we embark on another academic term, I am filled with immense joy and gratitude to welcome you all to our school community. With each new term comes an opportunity for growth, learning, and most importantly, a commitment to the holistic well-being of every individual within our walls.
- ⊛ This term, our focus will be on nurturing not only academic excellence but also the mental health and well-being of our students, staff, and wider community. In today's fast-paced world, we must prioritize mental health just as much as we do physical health.
- ⊛ We recognize that the pressures and challenges our students face both inside and outside the classroom can sometimes feel overwhelming. That's why we are dedicated to creating a supportive and nurturing environment where everyone feels valued, heard, and understood.
- ⊛ Our school is committed to providing resources and support systems that promote mental wellness and resilience. From access to counselling services to initiatives promoting mindfulness and stress management techniques, we are here to ensure that every member of our community feels empowered to prioritize their mental health.
- ⊛ As parents and guardians, your role in supporting your child's mental well-being cannot be understated. I encourage open communication with your child about their feelings, anxieties, and struggles. Together, we can create a network of support that fosters resilience and promotes positive mental health habits.
- ⊛ Thank you for your continued partnership and support as we prioritize the mental health and well-being of our school community. Together, we can create a brighter, healthier future for all.
- ⊛ We are always interested in hearing your views. We invite articles on the topic ' **Financial literacy**' for our next issue of the newsletter. If you have any comments about the newsletter, or if you'd like to tell us about what's happening at school, please email us at [principal@jpschennai.org](mailto:principal@jpschennai.org).



**Tr. Saravanan Thiyagarajan**  
Principal  
Jain Public School



# Social Media Trends


YouTube  Trends

by Abinav of Grade II B



Jain Public School - Abinav About Golden temple

84 views • 4 weeks ago



Jain Public School - World Protein Day



65 views • 5 days ago



by Srithika S of Grade II B




Jain Public School - Srithika S About Golden temple


50 views • 3 weeks ago



Jain Public School - National Science Day



50 views • 3 days ago



Jain public school - National Umbrella Day



49 views • 3 weeks ago



by Madhumitha of Grade II B




Jain Public School - About Golden Temple by Madhumitha

46 views • 3 weeks ago



Jain Public School - Valentine's Day



43 views • 2 weeks ago



by O U SIVANSH



Jain Public School - Golden temple by O U SIVANSH

38 views • 4 weeks ago



Jain Public School - World Day of Social Justice



36 views • 12 days ago





# INFOCUS

## Nurturing Well-Being: Fostering Mental Health in Our School Community



### Cultivating a Culture of Well-Being

#### Introduction :

**Dear Parents, Guardians, Students, and Staff,**

Welcome back to another enriching term at Jain Public School, where we are committed to nurturing not only academic excellence but also the holistic well-being of every individual within our school community.

#### Promoting Mental Health Awareness:

##### Understanding:

Mental Healthn our journey towards fostering well-being, it's crucial to understand that mental health is an integral part of our overall health. Just as we prioritize physical health, we must also prioritize mental health. By promoting awareness and understanding, we can create a supportive environment where individuals feel comfortable seeking help and support when needed.

##### Breaking the Stigma

One of our key objectives is to break down the stigma associated with mental health issues. By fostering open and honest conversations, we can create a culture where individuals feel empowered to speak up about their struggles without fear of judgment or discrimination.

## **Building Resilience:**

### **Equipping Students with Coping Strategies**

Resilience is a fundamental skill that empowers individuals to navigate life's challenges with strength and perseverance. Through various programs and initiatives, we aim to equip our students with practical coping strategies and resilience-building techniques that will serve them well beyond the walls of our school.

### **Promoting Mindfulness**

Mindfulness is a powerful practice that encourages individuals to be present in the moment, fostering a sense of calm and clarity amidst life's chaos. By integrating mindfulness into our curriculum and daily routines, we aim to provide students with valuable tools for managing stress, anxiety, and overwhelming emotions.

### **Creating a Supportive Community:]**

At Jain Public School , we are committed to providing a supportive and inclusive environment where every individual feels valued and supported. From access to counseling services to peer support groups, we strive to ensure that no one faces their mental health challenges alone.

### **Conclusion:**

As we embark on this journey towards nurturing well-being and fostering mental health in our school community, let us remember that we are all in this together. By prioritizing mental health awareness, building resilience, and creating a supportive community, we can cultivate a culture of well-being where every individual thrives.

Thank you for your continued partnership and support in our mission to prioritize the mental health and well-being of our school community.





# Educators' CORNER



Our Principal sir went to Devi Academy Senior Secondary School (kindergarten) as a chief guest for sports day to encourage and support young children in their early achievements. It provides an opportunity to acknowledge their efforts, boost their confidence, and foster a positive attitude towards physical activity from a young age.



The constant efforts and prayers of the JPS community have now been answered. Yes, a smooth ride ahead on our new school commute is now possible. We're thrilled to announce that we have paved a new 4-inch concrete road to make the journey to school even more enjoyable for our children. Since 2016, we have been working hard, and all these constant efforts have been rewarded by the tremendous support of the **THIRUMUDIVAKKAM PRESIDENT, Mr. MANI**, JPS Parents, and Citizens of Thirumudivakkam, Thanks a million!

We recognize the importance of a stress-free commute in setting the tone for a successful school experience. Rest assured, our commitment to the safety and well-being of your children remains our top priority. We are grateful for your ongoing support and cooperation as we implement these enhancements to improve the overall experience for our school community.



# Flight of Wonder

In the journey of growth and development,  
Primary scholars and birds share a bond so fervent.  
Curiosity, exploration, playfulness they possess,  
Their similarities abound, bringing joy and happiness.  
They work more on freedom of movement,  
Learning to soar with endless improvement.  
Sense of community, they both cherish,  
In their shared experiences, they flourish and nourish.  
Birds take flight with delight,  
Children play, their dreams take flight.  
Birds shimmer with their feathers bright,  
Children's eager minds, like stars in the night.  
Birds travel with endless spirits,  
Children explore with endless quests, their merit.  
Birds are free, dancing with glee,  
Children's laughter echoes, filling hearts with glee.  
Overall, children embody a diverse array,  
Of qualities that shine bright every day.  
They are remarkable, unique individuals,  
Their spirit and essence, truly invincible.



***Radha Anand***  
*Middle School co ordinator*  
*Jain Public School*





**Mahamaya Jena.**  
Educator

# Hindi Poem

## नई सोच

सोच नई है समझ नई है  
रीत नई रिवाज़ नए हैं/  
पेड़ों पर पक्षी की तरह  
मन मैं हर बात नई है/  
कुछ कहे नया कुछ सुने नया  
हर साथ नया विश्वास नया/  
रंग बदलती इस दुनिया में  
है अब हर चरित्र नया/  
समझ नई समझौता नया है  
कसमें नई हर रश्म नया है/  
छोड़ पुरानी हर बातों को  
आगे बढ़ने की आदत को/  
राह नई मक़ाम नई है  
मन की अब हर बात नई है/

महामाया जेना

# AWARDS & ACHIEVEMENT



## Students paint the world as they wish to see it at NIE Coloursplash

**Times News Network**

Colours that only relax and ease stress but also lift energies. This was evident on Saturday when the students from more than 52 schools gave wings to creativity with a splash of colours.

At the Times NIE Coloursplash painting competition, held in association with Jockey Juniors at Velamnal Vidyashram, Madurai, students depicted their interpretation of an imaginary dream world as they picked one of the two topics, 'My Imaginary World' or 'Dream Destination' for their artwork. The judges for the painting competition were artists Shilpi, Ashish, Anand, Soumya V J and Deepthi Jayan. The Jockey Juniors give the prizes to the winners.

Talking about the event, one of the judges, Soumya, says, "In a painting competition, the conceptual idea takes the background and it's the expression, shading and meaning of lines that matter the most."

"The children's imagination of the world, with its stunning nature and vibrant hues, inspired the artist to go 'and deeper'."

A special workshop on navigating the challenges of parenting in the modern world was held for accompanying parents by consulting psychologist Priya G Arun Prasad. The workshop threw light on topics of reward and punishment, which are two important elements that a parent's child's behaviour during early childhood.

"The session started with an activity which helped the crowd get comfortable and opens up. During this session, parents spoke about the challenges they face and get help from the expert."

### AND THE AWARD GOES TO ...

#### THE WINNERS

1st Prize | **I. Deyashri**, Class VI, Bhaktanarasimha Vidyashram

2nd Prize | **S Aadithya**, Class VII, MNC, Manayir, Hr Sec School

3rd Prize | **Erik Samrat**, Class V, Don Bosco Mat Hr Sec School

#### Special Mentions

**S Srikrishna**, Class V, Ahaiv International Public School

**Sonal Ravi S**, Class VII, Kollonur Chetty Vaidhyan Sr Sec School

**L N Divyaa Shri**, Class VII, Brahmavelsam



Around 650 students from more than 52 schools took part in Times NIE Coloursplash competition at Velamnal Vidyashram, Madurai.

#### SUB-JUNIOR CATEGORY

1st | **Mithulal A Jee**, Class IV, Sathya School

2nd | **Mishra S G**, Class IV, Sri Kalyan International School

3rd | **Chaitu Anusha Krishna**, Class I, Sree Nilawan Putasala, Thiruvallur

#### Online Junior Category

1st | **R Prithika**, Class V, Jain Public school

2nd | **Aranya M**, Class VII, Sacred Heart Mat Hr Sec School

3rd | **Deepan R**, Class VII, Zion Mat Hr Sec School

4th | **Kanishka**, Class V, Ahaiv International Public School

Online Junior Category  
1st | **R Prithika**, Class V, Jain Public school

**JAIN PUBLIC SCHOOL**  
SCHOOL FOR LEADERS  
Thirumudivakkam Main Road, Chennai - 600 132.

**JOCKEY JUNIORS** presents

**R. Prithika of Grade V got 1st prize in Times NIE Coloursplash**



We are delighted to announce that **Prithika** from **Grade 5 B**, has emerged victorious and won a prize of 5000 rupees! Her dedication, talent, and hard work have truly shone brightly, bringing honor to our entire JPS fraternity. This accomplishment exemplifies the spirit of determination, perseverance, and excellence that we strive to instill in all our students.



JPS Sports champions have participated in **FIITJEE global school - Milanostav - 2024** Inter school badminton tournament - It was a wonderful efforts from all of them. Our football players kicked till Semi Furthermore Happy news is that our ardent Badminton Boosters.

**John Samuel of Grade IV** - Runner up in under 11 category  
**Benjamin Moses of Grade V** - Runner up in under 13 category





TAMILNADU SCIENCE CLAND TECHNOLOGY CENTRE, CHENNAI 25  
PAINTING COMPETITION  
Event - V - th standard  
Date: 13.02.2024

TOPIC: "International Year of Camelids"

Sl. No	NAME OF THE SCHOOL	NAME OF THE STUDENT	RESULT
01	Sri Ramesh Vidyalaya Matric Hr. Sec. School, Madhavur Road, Manavalakuram, Chennai- 40	Suman, MS	EXCELLENT
02	Arise Energy Central School, Iddi Public School, Thiruvudikalam, Zing Matric. Hr. Sec. School	R. Prithika	VERY GOOD
03	Sri Kana Doyal Khanna Vivekananda Vidyalaya Junior College, No. 9, Ethel Amman Kaval Street, Chennai- 29	G.P. Tharwanthi	GOOD
04	B.A.V Girls Senior Secondary School, No. 182, Aravai Shanmugasam Salai, Chennai-48	Tharshini V	GOOD
07	GRT Mahalaxmi Vidyalaya Matric Hr. Sec. School	Shritya. H	CONSOLATION



Art is not what you see, but what you make others see. Yes, indeed . **Prithika R** of **Grade V** is the luminant example of the quote. Her stokes stood out for its intricate details, vibrant colors, and profound message about the UN designated topic The **International Year of Camelids 2024** Conducted by **Birla Planetarium** this Tuesday 13th February 2024. Her work caught the attention of renowned artists and critics alike, earning her recognition as a prodigy in the art world. Her work highlights the power of creativity and imagination.



Meet our young brand ambassador of **Decathlon Master John Samuel** Pride of JPS. He has been sponsored by **Decathlon** for the next one year for his outstanding performance in Decathlon open conducted by Arrear badminton academy at Annanagar.



It is a big day for Jainpublic school. IIT Madras conducted the **Maths fest** in the name of **FORAYS 2024**. Jain Public School bagged second prize showing their brilliance. Mind dash Yadhunanthan, Arjun, Sainthavi, Event - Maths quiz. One more historic win by **Kavin** grade VIII but this is like teaming up with other schools but still massive hit **First prize**.



# STORY TELLING

## WINNERS



### PRE - KG A



THANVI



PRANAV G V



SHAURYA

### PRE - KG B



ATHARVA ARAVINDHAN



DHANUDHARAN



DEEPSHARAN



SHAKTHISREE

### LKG



ACHUTHAN



ASHWIN



SHANASHA



YASWIN



VIRAJ.V.RAHEJA



## UKG A



**ADLIN**



**RITHIK.V**



**NIHAL SINGH**

## UKG B



**S.A.SARAN**



**KIRUTHIK AADARSH**



**VIHAAN NAIR**

## Grade I A



**JANICE MARY**



**AATHIRAI V**



**MAITHREE S.J**

## Grade I B



**H.NAKSHAANTH**



**SHIVAAY PATHAK**



**NYRA NIKHIL IYER**



## Grade II A



**ISHITA SURANA**



**Preethi Mathialagan**



**N.ROHITH**

## Grade II B



**ABHINAV R**



**SRITHIKA S**



**VIBHU VIHAN S**

## Grade III A



**Ashvith H**



**Shalini S**



**Mayurika V**



**Agathiya R.K. Boopachi**

## Grade III B



**Lashyasree M**



**Dhruv Rajesh**



**Ishaan N**



**Danish Buvan V J**



## Grade IV A



**Yashita M**



**Sharon S**



**Dokka Mayank S**



**Beverly Grace J**

## Grade IV B



**Mithran V**



**Dev N**



**Chendurr Aswin R**



**Prishaa P**

## Grade V A



**Dheekshana G**



**Mourad Nizar A**



**Sejashree R**



**Advaiyt A**



**Yogit G**



## Grade V B



Yazhini J



Arjun S



Anahita A



Amuthan P



Prithika R



Tanshika Jai



Sharun Joshua

## Grade VI A



Suchitra S



Vivaan Sundarsingh



Vaishnavi V



Onith Saravanan

## Grade VI B



Akshara B



Deepti M



Smriti Rajan





# Grade VII



**Alarice Caroline**



**Kharunye Tarra S V**



**Tahseenah A**

# Grade VIII



**Amrithavarshini**



**Hansika S**



**Dharshini S**



**Yadhunandhan R**



**Lakshita S**





# School Assembly Felicitation











**Literatus Award for the Month January - PRE KG - A**



**Literatus Award for the Month January I - B**





**Literatus Award for the Month January III- A**



**Literatus Award for the Month January V - B**



**Literatus Award for the Month January VI- A**





# KG Activity

## Planting Activity





# Paper Craft - DIY Flowers





# BUDDING ARTISTS



Grade 3 A Activity



Grade VII



Joshnika of Grade IA



Monish  
of Grade V B

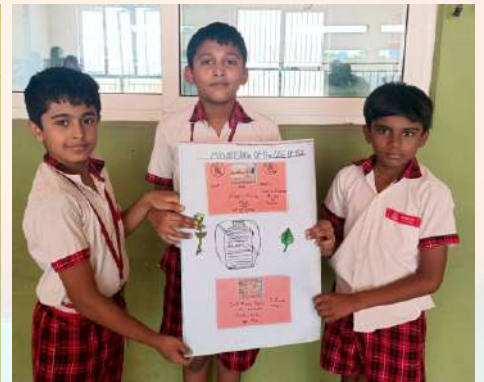


lingeswaran  
of Grade II B



# Subject Enrichment Program

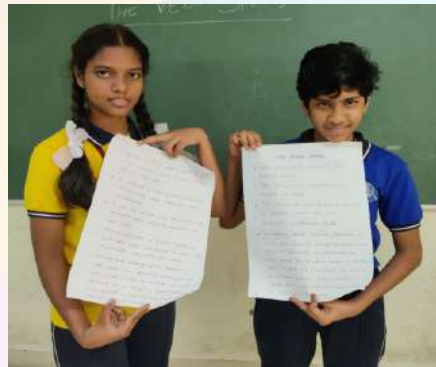
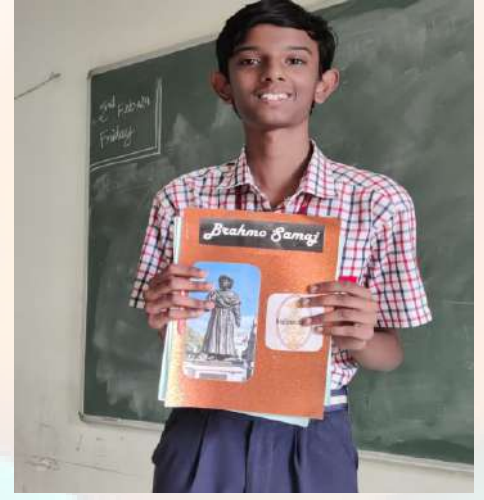
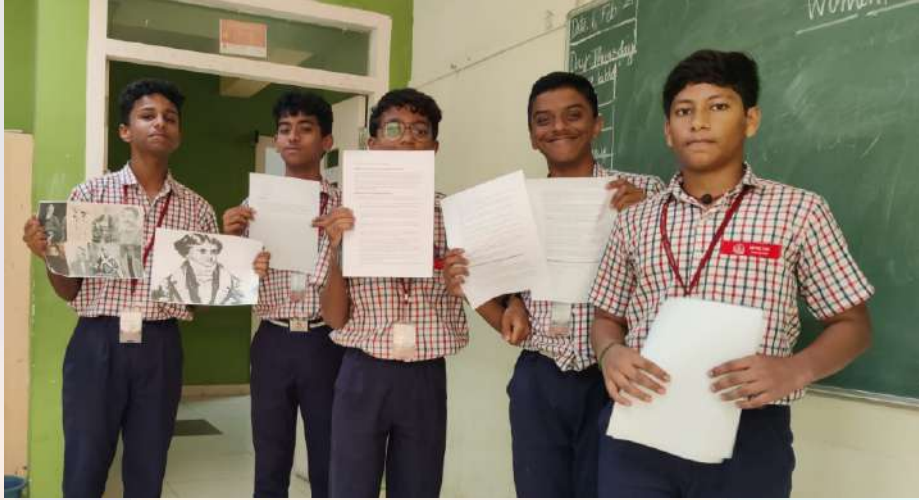
## Science Poster Making Activity -Recycling Plastic / Saving Energy.





# Social Activity

## Poster Making





# Tips To Make Your Studying Time A Breeze.!!



**M.S. Srinithi**

**Grade VI - A**

## **Concentrate On Lectures-**

Take quick notes during classes. Write them in your own words [Note-Color code is important!!]

## **Read before Classes-**

Glance your content book. If not possible, at least take a look at the subtopics.

## **Maintain A Book-**

Last but not least, maintain a book for notes as writing notes at different places makes difficult to search for it when you need it.

## **Now At Home**

Studying at home is equally important. Revision at home after classes will help at the time of surprise tests.

## **Make your "Self-made guide"-**

Making this is a wonderful habit.

As this is made by you it satisfies your needs. Add classroom comments if they are needed [Note-Color code is important!!]

## **Do Writing practice-**

"Tools for hands are tools for brains"

As this quotes, writing practice is needed. It is not necessary to be neat. Make sure it is readable.







# SOMNAMBULISM



**Amrithavarshini A**  
**Grade VIII - A**

Hello Mates, Welcome back, in this part of the Article, we will be looking into a brief about the effects of "Sleepwalking" and find out whether it has a cure or it is an inevitable disorder.

Mates before we go, I would like to interrogate you about something, if we let me. Do you know anyone affected by sleepwalking or heard of someone. If yes, come on let's read this to get to know what issues they go through and discover whether we can help them with it or not.

## Effects of being Somnambulistic:

- Feeling sleepy during the day by disturbing the quality sleep you get. (not to panic as this can also be caused due to lack of sleep and feeling tired)
- Sleepwalking, posing risks, basically also has beneficial effects as well. Sleepwalkers say that they feel fresh after performing an episode and their analytical thinking and creativity have increased.

Just like I mentioned in the previous part not only by genes but sleepwalking can also emerge due to intake of inappropriate pills in some cases. So, can it disappear just like that?

Sleepwalking in some cases can also occur due to sleep deprivation (lack of sleep), so having the essential amount of sleep in a dark and quiet room can sometimes prevent sleepwalkers from becoming somnambulistic.

If you encounter a person sleepwalking and you want to get them out of it, make loud noises instead of having physical contact with them as it would make it easier for them to attack you.

As a precaution, fix alarms in things they use or touch most prominently like, doors, tables, windows and many others.

Sleepwalking is a phenomenon which occurs due to the sleep habits people practise fixing the sleep routine and following the above mentioned aspects may help sleepwalkers effectively.

(Message to the sleepwalkers worldwide)

\*Sleepwalkers do not panic discovering your state. Try out various methods to control them\*

And that's it for this Article, Mates.

See you with another article the next month. Until then,

**Amrithavarshini Anand**

**Grade 8B**

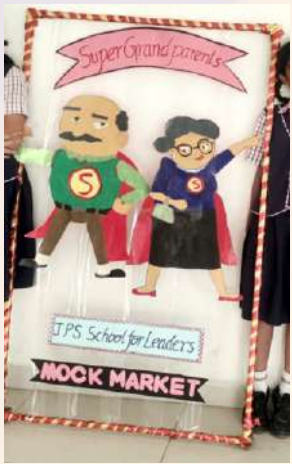
**(Editor of "Raising awareness in Eating foods" &  
of many other topics exclusive as well)**

**Signing off.**





# Mock Market Day 9<sup>th</sup> Feb







On the special occasion of grandparents day , we welcomed 50 couples of grandparents and 30 couples of parents. We wanted to express our deepest gratitude for the countless ways you enriched the program. The August of the gathering presence , energised the occasion and also made the mock market event a grand success. Grandparents rocked the show and left nostalgic memories in the cornerstone of the JPS family's legacy. Witness the picture which is creating lasting bonds that transcend generations.

Happy Grandparents Day !

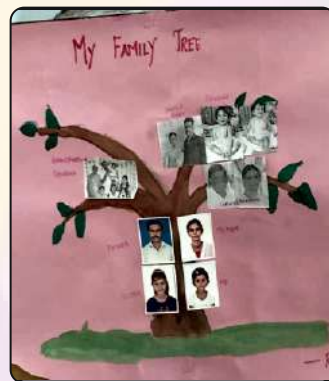
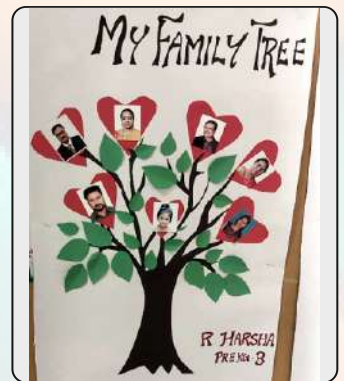








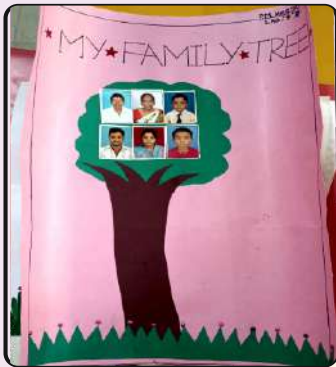
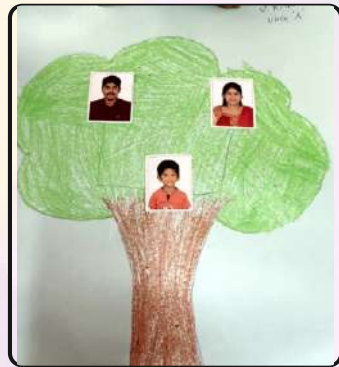
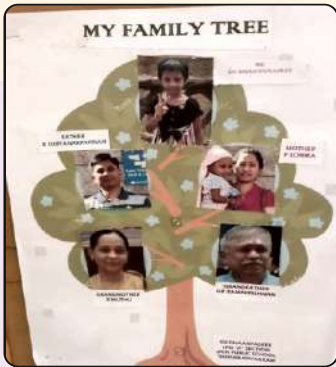
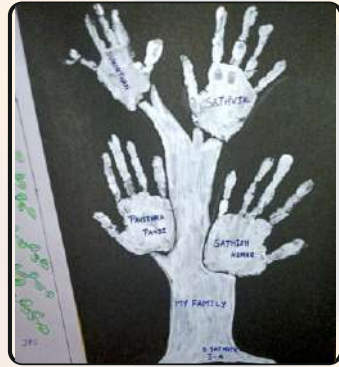
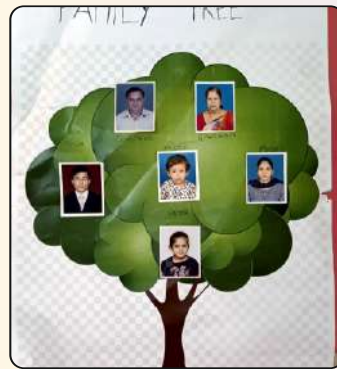
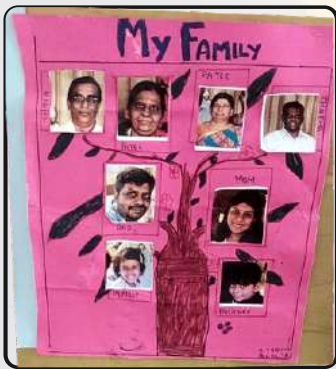
# FAMILY TREE







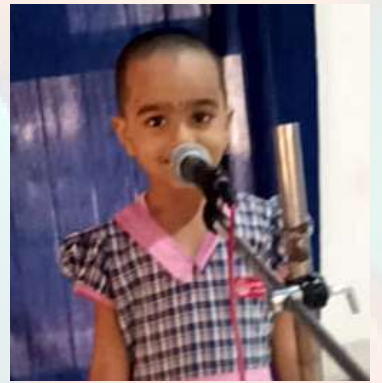






# STORY TELLING COMPETITION

## Pre - KG - Grade II









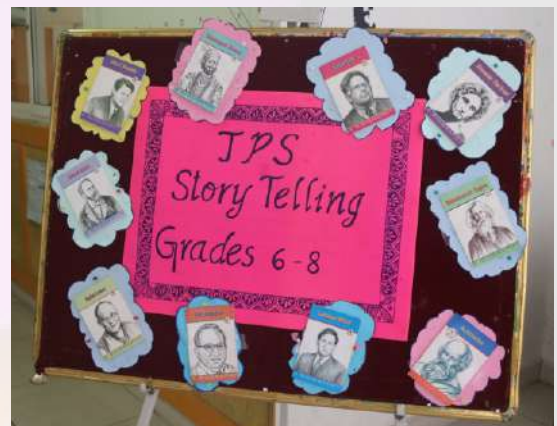


The Judging panel for the Story Telling competition for the Pre-KG - Grades 2 on 16th February 2024 Ms. Revathi, Ms. Deepa, Ms. Manimegalai . Our heartfelt thanks for your role as a judge which needs careful consideration and dedication, we value your commitment to our school community. Your involvement truly made a difference, inspiring our students to strive for excellence and nurturing their love for storytelling. Your support and encouragement mean the world to us, and we are grateful for the opportunity to collaborate with you. Looking forward to the broader spectrum of association.



# STORY TELLING COMPETITION

## Grade III - Grade VIII



























With the broad spectrum of 130 participants, the storytellers of Grades 3 - 8 delve deeper into the narrative. Their gestures and expressions brought the characters to life, infusing the tale with emotion and depth. The audience felt captivated, hanging on every word, as they are swept away by the power of storytelling. The following judges **Ms. Sabika, Ms. Sorna & Ms. Divya** gave their humongous support in judging the enthusiastic participants and made the indelible mark in making the moments heartwarming joy and laughter. The judges were overwhelmed by the performance of the children as they could not even wink their eyes.



Grade 12

# Graduates

HAPPY GRADUATION DAY











"A star is a rock that never gave up on its dream to rise."  
"Our Grade 12 leaders celebrated endings for they precede new beginnings."  
"There are no goodbyes for us.  
We will connect and reunite as and when required."



# Fyüile

## Video Lab



JPS organised a workshop a video learning platform designed for children, to learn, create & share art-integrated video academic projects.



### Monthly Calendar

March 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

### Important Events

#### Dates

- 08** Women's Day Celebration
- 09** Reading Champs Felicitation
- 12** Grades I to VIII Exam Begins
- 24** Annual Day Celebration PreKG to II
- 30** PTM for Grades PreKG to VIII